

## **Daily Schedule**

All ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE

08:00 am to	Free Choice Activity Time
09:00 am	Children are free to choose from the prepared environment. Ground rules are stressed
	for the safety and well-being of each child. Promotion of math and language arts readiness skills.
09:00 am to	
09:30 am	Morning Circle Time Introduce the monthly themes; demonstrate new work jobs, stress child participation.
	Includes puppets, flannel board stories, movement, music, and books. The calendar, days
	of the week, months of the year, alphabet, and number charts are done in both Spanish
	and English.
09:30 am to	Snacks Time
09:45 am	A prepared snack is served.
09:45 am to 10:30 am	Montessori Work Time
	Encourages self-directed learning, allowing children to choose activities from a
	prepared environment. During this time, teachers observe and guide without
	interruption, fostering independence and a love for learning in each child. The emphasis is on hands-on, experiential learning across various developmental areas.
	(Fine Motor Skills/Gross Moto Skills/Art and Craft)
10:30 am to	Special Activities
11:00 am	This involves dynamic elements such as science experiments, news sharing, and show-
	and-tell, fostering hands-on learning and communication skills. These sessions enhance
	curiosity and social development, creating engaging educational experiences for young
11.00	children.
11:00 am to	Outside Play Time
11:30 am	Children are free to play outside
11:30 am to 12:00 pm	Lunch Time
	Children bring a prepared lunch from home. This activity also builds social skills, manners, and independence. In warmer months lunch is served outside at the picnic
	benches.
12:00 pm to 12:15 pm	Story Time
	Teachers read aloud to children, introducing them to literature, fostering language
	skills, and igniting a passion for storytelling and books. It creates a shared experience
	that promotes listening, imagination, and early literacy development.
12:15 pm to	Nap Time
02:15 pm	A sleeping cot and space are available for all full-time children. Two blankets and an
	(optional) pillow come from home and are taken home for weekly washing, Note: No
	child is forced to nap but needs to rest for at least an hour.

02:15 pm to	Music and Movement
02:45 pm	Involves rhythmic activities and dance, promoting physical coordination, creative
	expression, and social interaction among young children. It enhances sensory
	development and provides a fun, engaging way for kids to explore music and express
	themselves physically.
02:45 pm to	Snack
03:00 pm	A prepared snack is served
03:00 pm to	Cultural Activates
03:30 pm	These activities aim to foster an appreciation for different cultures, promoting global
	awareness and inclusivity. Every day, children are exposed to various subjects such as
	Botany, Zoology, Geography, History, and activities centered around giving back.
03:30 pm to	Enrichment Program
04:00 pm	It's designed to enhance and broaden the educational experiences of young children
	beyond the basic subjects. These programs often incorporate a variety of stimulating
	activities, such as arts and crafts, music, physical education, and other hands-on
	learning opportunities. The goal is to provide children with a well-rounded educational
	experience that goes beyond the core curriculum, fostering their cognitive, social,
04.00	emotional, and physical development.
04:00 pm to	Creative Active Circle Time
04:30 pm	Music instruments, big books, library books, and group participation promote reading
	and listening skills
04:30 pm to	Outside Playtime
05:00 pm	Children are free to play outside
05:00 pm to	Day Care Activities
06:00 pm	Children are free to choose from the prepared environment, dance to music, or for a
	quiet activity of looking at a selected array of children's books.

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